

## Approved list of Personal apparel and equipment for use at IPF sanctioned competitions

**Valid from: 1<sup>st</sup> January 2019 until 31<sup>st</sup> December 2022**

**Updated: 01.07.2021**

Approved Personal supportive equipment:

Only costumes, support shirts, wraps, belts, knee sleeves and singlets from commercial manufacturers officially registered and approved by the IPF Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to Worlds.

All equipment marked with an Asterix (\*) is provisionally approved. This equipment is under production and not on the market yet. After a final inspection/approval by the IPF, the Asterix will be removed and the manufacturer is allowed to bring it officially on the market.

### SBD

SBD Singlets Equipped & Classic	SBD Wrist Wraps Equipped & Classic	SBD Knee Wraps Equipped
SBD lifting Singlet 2019 Equipped & Classic	SBD Flexible Wrist Wraps 2019 Equipped & Classic	SBD Knee Sleeves Equipped & Classic
SBD Powerlifting Singlet Men's 2019 Equipped & Classic	SBD Stiff Wrist Wraps 2019 Equipped & Classic	SBD Weightlifting Knee Sleeves Equipped & Classic
SBD Powerlifting Singlet Women's 2019 Equipped & Classic	SBD Knee Wraps Competition 2019 Equipped	SBD Knee Sleeves 2019 Equipped & Classic
SBD Belts Equipped & Classic	SBD Knee Wraps Training 2019 Equipped	

### ELEIKO

ELEIKO Wrist Wraps Equipped & Classic	ELEIKO Singlet Equipped & Classic	ELEIKO Knee Sleeves 5mm Equipped & Classic
ELEIKO Powerlifting Belt Equipped & Classic	ELEIKO Knee Wraps Equipped	ELEIKO Knee Sleeves 7mm Equipped & Classic

### Rogue

Ohio 3" Lifting Belt Equipped & Classic	Rogue 13mm Lever Belt Equipped & Classic	Rogue 13mm Power lifting Belt Equipped & Classic
Rogue 7MM Knee Sleeves Equipped & Classic		



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## A7

A7 CONE Knee Sleeves (various colours) Equipped & Classic	A7 55 Medium Wrist Wraps – 55mm (various colours) Equipped & Classic	A7 Lever Belt – 10mm Equipped & Classic
A7 CONE Knee Sleeves – Stiff (various colours) Equipped & Classic	A7 77 Medium Wrist Wraps – 77mm (various colours) Equipped & Classic	A7 Lever Belt – 13mm Equipped & Classic
A7 Singlet (various colours) Equipped & Classic	A7 99 Medium Wrist Wraps – 99mm (various colours) Equipped & Classic	A7 Pioneer Cut Prong Belt – 10mm Equipped & Classic
A7 55 Flex Wrist Wraps – 55cm (various colours) Equipped & Classic	A7 55 Stiff Wrist Wraps – 55mm (various colours) Equipped & Classic	A7 Pioneer Cut Prong Belt – 13mm Equipped & Classic
A7 77 Flex Wrist Wraps – 77mm (various colours) Equipped & Classic	A7 77 Stiff Wrist Wraps – 77mm (various colours) Equipped & Classic	
A7 99 Flex Wrist Wraps – 99cm (various colours) Equipped & Classic	A7 99 Stiff Wrist Wraps – 99mm (various colours) Equipped & Classic	

## Unbroken Designs (valid until 31.12.2021)

Rhino Power Belt 10mm – Single Prong leather Belt Equipped & Classic	Block Party Knee Sleeves Equipped & Classic	Tropical Explosion Knee Sleeves Equipped & Classic
Stars & Stripes Singlet Equipped & Classic	Lioness Squared Knee Sleeves Equipped & Classic	Ahoy Knee Sleeves Equipped & Classic
Leopard and Lace Singlet Equipped & Classic	Purple Ombre Knee Sleeves Equipped & Classic	Paradise City Knee Sleeves Equipped & Classic
Dia de los Muertos Knee Sleeves Equipped & Classic	Sea Lilies Knee Sleeves Equipped & Classic	2018 Apalooza Tie Dye Knee Sleeves Equipped & Classic
Stars and Stripes Knee Sleeves Equipped & Classic	Paradise Pink Knee Sleeves Equipped & Classic	2018 Apalooza Flag Knee Sleeves Equipped & Classic
Night Swim Knee Sleeves Equipped & Classic	White Snake Knee Sleeves Equipped & Classic	Lioness Knee Sleeves Equipped & Classic
Swirls for Girls Knee Sleeves Equipped & Classic	Silver Tron Knee Sleeves Equipped & Classic	

## Lift.Net (Stoic)

Stoic Wrist Wraps Equipped & Classic	Stoic Knee Sleeves Equipped & Classic	Stoic Lever Belt Equipped & Classic
Stoic Singlet Equipped & Classic	Stoic Single Prong Belt Equipped & Classic	

## Rehband

2 Panel Design – Rehband Blue Line Knee Sleeves 7mm #7084 Equipped & Classic	V-Shape Design – Rehband Original Knee Sleeves 7mm #7051 Equipped & Classic	4-Panel Design – Rehband RX Knee Sleeves Power Max 7mm – All Sleeves starting #1055 – same design, different colours Equipped & Classic
4-Panel Design – Rehband Knee Sleeves RX 7mm – All Sleeves starting #1054 – same design, different colours Equipped & Classic	* 2-Panel Design with reinforced seams – Rehband RX Knee Sleeves MAX 7mm – All Sleeves starting #1056 – same design, different colours Equipped & Classic	

## Titan Support Systems

Titan Singlets – various colour combinations allowed <b>Equipped &amp; Classic</b>	Signature Gold Wrist Wraps <b>Equipped &amp; Classic</b>	Titan Spartan Suit <b>Equipped</b>
Titan Knee Sleeves <b>Equipped &amp; Classic</b>	Wrist Wraps T.H.P. (with lettering or yellow stripes) <b>Equipped &amp; Classic</b>	Titan Super Suit <b>Equipped</b>
Titan Knee Sleeves Yellow Jacket <b>Equipped &amp; Classic</b>	Knee Wraps T.H.P. (with lettering or yellow stripes) <b>Equipped</b>	Titan Fury Bench Shirt <b>Equipped</b>
Titan Velocity Deadlift Suit <b>Equipped</b>	Knee Wraps RPM (black with green, pink or orange stripes) <b>Equipped</b>	Titan Fury NXG+ SHP Bench Shirt <b>Equipped</b>
Titan Lever Belts <b>Equipped &amp; Classic</b>	Titanium Knee Wraps <b>Equipped</b>	Titan F6 Tornado Bench Shirt <b>Equipped</b>
Titan Quick Release Belts <b>Equipped &amp; Classic</b>	Red Devil Knee Wraps <b>Equipped</b>	Titan Katana + Super Katana Bench Shirt <b>Equipped</b>
Titan Belts with Single or Double Prong <b>Equipped &amp; Classic</b>	Signature Gold Knee Wraps <b>Equipped</b>	Titan Super Katana low cut Bench Shirt <b>Equipped</b>
Wrist Wraps MAX RPM (black with green, pink or orange stripes) <b>Equipped &amp; Classic</b>	Titan Squat Suit <b>Equipped</b>	Titan Super Katana low cut Collar Shirt <b>Equipped</b>
Titanium Wrist Wraps <b>Equipped &amp; Classic</b>	Titan Centurion Suit <b>Equipped</b>	Vortex Shirt <b>Equipped</b>
Red Devil Wrist Wraps <b>Equipped &amp; Classic</b>	Titan Super Centurion Suit <b>Equipped</b>	

## Inzer

INZER Singlets – various colour combinations allowed <b>Equipped &amp; Classic</b>	Z-Suit <b>Equipped</b>	Iron Knee Wraps Z <b>Equipped</b>
* <i>IAD Singlet</i> <b>Equipped &amp; Classic</b>	Erector Shirt – No Sleeves <b>Equipped only</b>	W30 Knee Wraps (Red Line) <b>Equipped</b>
INZER Knee Sleeves <b>Equipped &amp; Classic</b>	Heavy Duty Erector Shirt - Sleeves <b>Equipped only</b>	W40 Knee Wraps (True Black) <b>Equipped</b>
* <i>IAD Knee Sleeves</i> <b>Equipped &amp; Classic</b>	Heavy Duty Blast Shirt <b>Equipped</b>	W50 Knee Wraps (Gripper) <b>Equipped</b>
INZER Belt with prongs <b>Equipped &amp; Classic</b>	High Performance Heavy Duty Blast Shirt (HPHD) <b>Equipped</b>	W60 Knee Wraps <b>Equipped</b>
INZER Lever Belts <b>Equipped &amp; Classic</b>	Extra High Performance Heavy Duty Blast Shirt (EHPHD) <b>Equipped</b>	W70 Knee Wraps (Black Beauty) <b>Equipped</b>
PR Belt (Power Raget) <b>Equipped &amp; Classic</b>	Blast Shirt <b>Equipped</b>	W80 Knee Wraps (4x4) <b>Equipped</b>
* <i>IAD Belt</i> <b>Equipped &amp; Classic</b>	The Wrath Bench Shirt <b>Equipped</b>	W30 Wrist Wraps (Red Line) <b>Equipped &amp; Classic</b>
Champion Suit <b>Equipped</b>	The Rage Bench Shirt <b>Equipped</b>	W40 Wrist Wraps (True Black) <b>Equipped &amp; Classic</b>



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Hard Core Suit Equipped	The Rage-X Bench Shirt Equipped	W50 Wrist Wraps (Gripper) Equipped & Classic
TRX Squat Suit Equipped	XB Bench Shirt Equipped	W60 Wrist Wraps Equipped & Classic
Megathrust Squat Suit Equipped	Phenom Bench Shirt Equipped	W70 Wrist Wraps (Black Beauty) Equipped & Classic
MAX DL Deadlift Suit Equipped	Bolt Bench Shirt Equipped	W80 Wrist Wraps (4x4) Equipped & Classic
Fusion Deadlift Suit Equipped	CB Bench Shirt Equipped	
XDL Deadlift Suit Equipped	Iron Wrist Wraps Z Equipped & Classic	

## Iron Tanks

Iron Tanks Conquer Singlet / Soft Suit (all models) Equipped & Classic	Iron Tanks Lever Belt (all models) 10mm; 13mm Equipped & Classic
Iron Tanks 7mm Iron Knee Sleeves(all models) Equipped & Classic	Iron Tanks Single Prong Belt (all models) 10mm; 13mm Equipped & Classic
Iron Tanks Ironclad Wrist Wraps (all models) (12", 18", 24", 30", 36", 40") Equipped & Classic	

## Lifting Large

Singlets "Basics" Equipped & Classic	Lever Belts "Economy" Equipped & Classic
Singlets "Economy" Equipped & Classic	Lever Belts "Competition" Equipped & Classic
Lever Belts Equipped & Classic	Single Prong Belts "Economy" Equipped & Classic
Double Prong Belts Equipped & Classic	Single Prong Belts "Competition" Equipped & Classic

## Metal (valid until 31.12.2021)

Metal Singlets (various colour combinations allowed) Equipped & Classic	Metal Knee Sleeves (various colour combinations allowed) Equipped & Classic
Metal Belts (various colour combinations allowed) Equipped & Classic	Metal Wrist Wraps (various colour combinations allowed) Equipped & Classic

## ONI Ltd. (Bukiya)

Oni Singlet Equipped & Classic	GLFIT Wrist Wraps Equipped & Classic
Oni Knee Sleeves Equipped & Classic	Oni Bench Press Shirt Equipped
Oni Knee Sleeves XX Equipped & Classic	Oni Lever Belt Action Equipped & Classic
Oni Wrist Wraps Equipped & Classic	Oni Quick Release Belt Equipped & Classic
Oni Wrist Wraps XX Equipped & Classic	Oni Single Prong Belt Equipped & Classic



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## Strength Shop

Strength Shop Singlets Equipped & Classic	Strength Shop Lever Belts 2", 2.5", 3", 4" Equipped & Classic
Strength Shop Inferno Knee Sleeves Equipped & Classic	Strength Shop Single/Double Prong Buckle Belts Equipped & Classic
Strength Shop Zeus Medium Wrist Wraps Equipped & Classic	Strength Shop Single/Double Prong Buckle Belts with Front logo Equipped & Classic
Strength Shop Thor Heavy Wrist Wraps Equipped & Classic	Strength Shop Single/Double Prong Buckle Belts with Grip Equipped & Classic

## Super Training Products/Sling Shot

Black Singlet Equipped & Classic	Sport Knee Sleeves Equipped & Classic	Sling Shot Knee Wraps Equipped
Signature Singlet Equipped & Classic	Sling Shot Wrist Wraps Equipped & Classic	World Record Knee Wraps Equipped
Performance Singlet Equipped & Classic	Gansta Wrist Wraps Equipped & Classic	Strong Knee Wraps Equipped
Classic Singlet Equipped & Classic	Strong Wrist Wraps Equipped & Classic	Gansta Knee Wraps Equipped
Sling Shot Knee Sleeves 2.0 Equipped & Classic	Stretchy Wrist Wraps Equipped & Classic	Strong Belt Equipped & Classic
Strong Knee Sleeves Equipped & Classic	Power Wrist Wraps Equipped & Classic	Lever Belt Equipped & Classic
Extreme "X" Knee Sleeves Equipped & Classic	Gansta Flex Wrist Wraps Equipped & Classic	

## Wahlanders

Belts with Prongs Equipped & Classic
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## Beast Genetics (valid until 31.12.2021)

Singlets Equipped & Classic	Belts with Single or Double Prong Equipped & Classic	Lever Belts Equipped & Classic
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Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World Records must be made with Bars and Discs featured on this list.

**Approved bars, plates and racks:**

<a href="#">ELEIKO</a>	Bench/Squat Racks, PL Bars and discs
<a href="#">ER EQUIPMENT</a>	Bench/Squat Racks
<a href="#">IVANKO</a>	PL Bars and Discs
<a href="#">LEOKO</a>	PL Bars and Discs
<a href="#">PALLINI</a>	Bench/Squat Racks, PL Bars and Discs
<a href="#">ROGUE</a>	Bench/Squat Racks, PL Bar and Discs
<a href="#">UESAKA</a>	PL Bars and Discs
<a href="#">TITEX</a>	PL Bars and Discs
<a href="#">ZAOBA BULL</a>	PL Bench/Squat Racks, PL Bar and Discs

**Approved logos:**

- APLYFT

(The amount of the logo fee Euro 500,- per year)

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from any and all liability arising from the use of this equipment. Further, the user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

**Courtesy of:** [Johan Smith](#), IPF TC Chairman and [Dietmar Wolf](#), IPF Treasurer